

# Wagoner



# Community Hospital Pulse

## Time Well Spent

I recently spent some time with Susie Moreton, RN on our Mental Health Unit (MHU). Susie was processing admission paperwork for a patient being referred to the unit from Miami, OK. Remote referrals are not uncommon for this unit as they draw from about a twenty county area. When the initial call is received, Dr. Sangal,

our psychiatrist, has to review clinical information and accept the patients. Labs and current medications are faxed to our unit for Dr. Sangal to review. Once the patient is accepted the admission paperwork begins. I watched as Susie completed and compiled the following forms for this patient's chart: physician orders, referral contact sheet, vital signs flow chart, security check-in form, medication history form, admission nursing assessment, psychosocial/physical assessment form, nursing care plan for patients with potential for self-harm, family call list, suicide & medical issues treatment plans, "no harm" contract, master treatment plan, nutritional screening form,

education about restraint/seclusion, "stay alive contract" (patients signs and agrees not to do any harm to himself/herself), consent for telephone contact, dyskinesia monitoring form, 24-hour discharge plan, preparation of cardexes, AIDS information and precautions, Beck's depression inventory and patient interview form. I'm sure I left some of them out, but it was incredible at the amount of paperwork required to admit the patient. Susie states just as much paperwork is required to discharge a patient as well. The unit, on average, admits 4-5 patients per day.



Susie has worked for the hospital for four years - all of her time being spent on our MHU. Prior to her tenure at WCH, she worked as a critical care nurse at Saint Francis Hospital in Tulsa. She and her husband live in Coweta. She enjoys one son, two stepdaughters, three grandchildren and two step grandchildren. At home, they raise cattle and a horse and enjoy going to rodeos and traveling Colorado.

I asked Susie what she likes about working here, and she replied "I like getting to know our patients. I like the people I work with. It's like a family back here. There's a lot of camaraderie and not a lot of politics or catfights going on."

*Continued on page 2*

### EXCITING HOSPITAL UPDATES

#### Healthcare Tax Fails by Narrow Margin

We were obviously very disappointed in the failure of the sales tax initiative in December. However, our Board is committed to the long-term success of the hospital. There is a good possibility that the question may go before the voters again in the future. In the meantime, we are taking the necessary steps to increase revenues and decrease expenses to position the hospital to meet its debt service requirements beginning in August, 2011.

#### Cardiology Clinic to Expand in Near Future

South Tulsa Cardiovascular Clinic is anticipating the addition of a second day in Wagoner due to the success of their clinic thus far. The team includes Dr.'s Stephen Dobratz and Arash Karnama along with Eric Franklin, P.A. They currently serve our community on Wednesdays. Appointments may be made to be seen in Wagoner by calling 392-5644.

#### WCH Announces Addition of Prenatal Care Clinic

WCH and SouthCrest Hospital in Tulsa have teamed up to open a new Prenatal Care Clinic beginning Tuesday, February 1, 2011. The clinic will be staffed by Dr. Daniel Nicoll who is board certified in Family Medicine and residency trained at the University of Missouri at Kansas City, Missouri, with an emphasis on advanced obstetrics, including caesarean sections. The clinic will be located in Suite B of the Professional Building in front of the hospital. Appointments may be made by calling 294-8844.

#### WCH Tobacco-Free Campus as of January 1, 2011

The hospital campus is now tobacco-free as of the first of the year. We are pleased to promote healthy living by providing a smoke and tobacco-free environment for our patients, visitors and associates. Read much more about this in an article contained in this issue.

## Time Well Spent *Continued from page 1*

We talked about opportunities for the mental health unit. Susie stated, "We need more capacity. There is an increasing demand for psych services."

I am always amazed by the staff on our MHU. They live our mission of providing quality healthcare with courtesy and compassion - to a very special patient population and their families. The way the staff puts our mission into action with these special patients makes one stop and catch their breath in wonder and awe. Watching them work their magic is always...time well spent.

Jimmy Leopard, FACHE  
Chief Executive Officer

*To the employees of Wagoner Community Hospital,*

*I am so appreciative of the support shown at city council meetings when the hospital needed a presence. Thank you for your dedication and professionalism. It is so good to walk into the hospital and feel the vibrancy of activity that is present now. We have worked hard to get here - all of you in particular!*

*Mary Jane Whisnant  
Wagoner Hospital Authority  
Wagoner City Council*

**"Take a look - [www.wagonerhospital.com](http://www.wagonerhospital.com).  
If there is something you would like to see on the website  
email Johnna Blair or Clint Whittiker with your suggestion."**

## OKLAHOMA HOSPITAL VOLUNTEERS AWARD GERI BRYAN



*Geri Bryan is presented the Volunteer with Spirit award by Hospital Volunteers of Oklahoma State President, Nancy Logston from Integris Baptist, OKC.*

The Hospital Volunteers of Oklahoma recently recognized 20 volunteers from across the state as 2010 Volunteers with Spirit. The awards were presented during the Hospital Volunteer Day Luncheon at the Oklahoma Hospital Association Annual Convention on November 10, 2010.

The award was given to hospital volunteers who exemplify the spirit of service and have a passion for the work they do for their organizations. Volunteers with Spirit winners bring something special to their hospital auxiliaries by standing out from the rest in what they do, how they do it or why they do it.

Geri Bryan was the award winner from Wagoner Community Hospital. Geri has been the Auxiliary Secretary/Treasurer for two years and works Friday afternoons. Geri's positive spirit is inspiring. She is always ready to work a little harder and give her special touch to the projects she takes on. Congratulations Geri!

## WCH Auxiliary "The Pink Ladies & Blue Guys"

President Lonell Hyche, Vice-President Kathy Morgan and Secretary/Treasurer Geri Bryan attended the Hospital Volunteers of Oklahoma conference at the Oklahoma Hospital Association Annual Convention November 10, 2010. Featured speaker was Sally Karioth, RN, PhD author of *If You Want to Know If You're Dying, Ask the Cleaning Lady*, and *Other Thoughts on Life and Happiness*. Ms. Karioth has varied experiences as a nurse, college professor, writer, talk show hostess and nationally renowned grief therapist. Her slogan is, "Life is not a dress rehearsal.

Every day you should have at least one exquisite moment." Accept the little things you "think" drive you nuts, like your husband's shoes under the coffee table. It means he is alive and well at home with you. She was wonderful!

The Gift Shop had phenomenal sales in December. Thank you for supporting the Auxiliary. Verna has been busy shopping for new merchandise. Some fabulous purses were added a week ago and they have already sold! Keep visiting the shop, shipments arrive often.

A new addition to the Gift Shop is a Suggestion Box. If you have a particular item or certain style you want the shop to sell let us know.

Gift Basket Giveaway time is here. The Auxiliary has four gift basket giveaways a year. The fall and Christmas basket were a big hit and now it is the Valentine basket. Buy your tickets at the Gift Shop \$1.00 per ticket or \$5.00 for 6 tickets.

Johnna Sue Blair



Geri Bryan, center, is congratulated on her Volunteer with Spirit award by Kathy Morgan, left, and Lonell Hyche, right.



Lonell, Kathy and Johnna Sue Blair with Sally Karioth, RN, PhD (center right) featured speaker at the Hospital Volunteers of Oklahoma conference.



### SUPPORT WCH'S RELAY FOR LIFE TEAM!!

**Scrappin' for a Cure** - All Day Scrapbooking Event  
Saturday, March 5<sup>th</sup> - \$15 advance tickets

**City Wide Bowling Tournament** - In March - TBA

**Antiquities "Old Fashioned" Children's Portraits**  
- April 9<sup>th</sup>

For more information, contact Millie Cook,  
485-5514, or Beth Brown, 260-5349.

**Buy your tickets NOW to win this wonderful gift basket.**



# Christmas 2010

## WCH CHRISTMAS RECEPTION!



Thank You Jackie Buck, Dietary Manager, for all the wonderful handmade candies.



A line of employees wait for their turn to choose from delicious candies plus eggnog and spiced cider.



Rebecca Sharp, Accounting, was one of 15 door prize winners. She got a Bluetooth ear piece.



Terri Bias, ACNO tries to put a bow in Fred Halls, Outpatient Counseling for Seniors, hair.



Santa used a 4-wheel wagon to deliver WCH's door prizes.



Vanessa Finch, Housekeeping, laughs and Rob West, Plant Operations, listens to a story being told by Frank Rankins, Housekeeping.

## Bell Ringers 2010

We had a good day December 8<sup>th</sup> ringing bells for Wagoner Area Neighbors. The weather was chilly but not freezing. Sam Majors, WAN Director, said WCH's day of ringing netted over \$500. Many thanks to the following for living and showing the WCH Core Values: "Dignity, Integrity, Excellence, Compassion and Stewardship."

Bell Ringers: Ron Thorne, Debbie Sparks, Clara Shoemaker, Misty Crouch, David Ott, Carol Roberts, Becky Davis, Vanessa Finch, Jackie Buck, Jimmy Leopard, Margie Thornburg, Louise Easter, Beth Brown, Johnna Sue Blair, Raymond Moore, Dana Johnson and Rebecca Sharp.



## CITY OF WAGONER CHRISTMAS SHOWS

On December 7<sup>th</sup> the Cherokee National Youth Choir was co-sponsored by Wagoner Community Hospital. Thank you Barnetta Pofahl (HR), Sherri Carter (HR), Margie Thornburg (Outpatient Counseling for Seniors) and Marvin Brown (husband of Beth Brown, Medical Records) for working the concession stand the night of the show! They wore their WCH shirts and had a GREAT time serving popcorn and drinks.

## WCH Is Tobacco Free!

On January 1, 2011, Wagoner Community Hospital became a tobacco-free campus. No tobacco use of any kind is permitted inside or outside of our facility. This initiative includes elimination of designated areas outside our facility where employees, patients and visitors used tobacco products.

Wagoner Community Hospital has joined hospitals across Oklahoma becoming tobacco-free. As a healthcare organization, committed to the health and safety of our patients, we have a responsibility to treat the whole patient, both mentally and physically. Allowing patients to use tobacco products while in our care defeats this purpose.

To celebrate providing a healthier environment information tables were set up with coffee, cookies, giveaways and QUIT NOW literature on January 5<sup>th</sup>. During the celebration SWAT (Students Working Against Tobacco) members from Porter High School and Coweta Junior High gathered in front of WCH to provide a community service to the staff, patients, and visitors of WCH. They donned gloves and were given plastic bags so they could clear the hospital grounds of the many cigarette butts littered there.

Being tobacco-free is a concrete way WCH demonstrates our ongoing commitment to healthy living.

Johnna Sue Blair



*"Ciggy Butts" and members of SWAT hold up the many bags of cigarette butts picked up at WCH.*



*Johnna Sue Blair and Dedra Sweeney, Wagoner County Tobacco Use Prevention Coalition, set up one of the information tables for the Kick Off Celebration.*

*Katrina Ezell, President of Coweta Junior High SWAT and Louise Micolites, Wagoner County Tobacco Use Prevention Coalition, work to clean outside the ER entrance.*



*Porter High School SWAT members worked hard! They covered several areas including the Medical Office Building.*

## Forensic Nurses Recognized

Forensic nurses are the first responders to victims of violence and abuse once they enter the health care system. November 8-12, 2010 the International Association of Forensic Nurses celebrated "Forensic Nurses Week" to recognize the nurses who provide exceptional care to victims and perpetrators of abuse and violence.

Help In Crisis recognized Forensic SANE (Sexual Assault Nurse Examiner) nurses Terri Bias and Nancy Lee of Wagoner Community Hospital for their work providing exceptional patient care to victims of sexual violence. The hours required to complete SANE certification and performing the exams are volunteered by Terri and Nancy.

Help In Crisis provides services for

women and children in abusive situations. WCH and Help In Crisis have a contract to perform SANE exams at WCH. WCH provides a private room and supplies for the exam with Help In Crisis reimbursing WCH for any out of pocket expense WCH may incur. The SANE program is available 24/7.

Donations are needed - either monetary or clothes for the victims after they are examined, including socks and undergarments. Victims' clothes are collected for evidence and are not returned. Help In Crisis also needs volunteers and advocates to



*Nancy Lee, RN and Terri Bias, ACNO were recognized for their exceptional care.*

be with victims. If you would like to donate or volunteer please see Terri or Nancy or call 485-6500.

Johnna Sue Blair

## Spirit of Innovation Award Presented to Rosa Whisman

Rosa Whisman, certified surgical technician, Wagoner Community Hospital, was one of 38 hospital employees statewide to receive an Oklahoma Hospital Association (OHA) Spirit of Innovation Award during the 2010 OHA Annual Convention November 10, 2010. The 38 front-line, behind-the-scenes and administrative employees received the OHA Spirit of Innovation Award in recognition of their creativity and uniqueness in addressing health care's most challenging issues over the past year.

Award recipients were chosen by their hospitals for exemplifying the Spirit of Innovation by demonstrating extraordinary innovation in delivery of care

through improvement of service and delivery. These are individuals who have innovatively used resources,

their organizations and their communities," said Craig W. Jones, FACHE, president, Oklahoma Hospital Association. "These are the type of team members who, when they see problems, consistently work to solve them."

Rosa was chosen for the award for instituting a new program for surgical instrument packs. A simple change in a frequently used item resulted in a substantial cost savings for the surgery department. Jimmy Leopard, CEO of Wagoner



Brian Woodliff, Oklahoma Hospital Association Board Chairman presents the 2010 OHA Spirit of Innovation Award to Rosa Whisman during the OHA Annual Convention.

instituted original programs, pioneered new practices and ideas, or fostered innovative thinking.

"We are pleased to honor these special hospital employees who have dedicated time, talent or expertise to improve

Community Hospital said, "Rosa is a valuable member of our surgical care team. As our surgical case load continues to grow, her innovative ideas are saving the hospital money and helping to make the surgical team more efficient. I am proud of her efforts in this area."

# congratulations!

## RN to BSN



Terri Bias, with her husband Bob, after she received her BSN pin.

After many nights in class Terri Bias graduated with a Bachelor of Science in Nursing on December 11, 2010. Pinning and graduation were held at a special service in the chapel of Oklahoma Wesleyan University in Bartlesville, OK.

Terri is the Assistant Director of Nurses and has worked at WCH for 16 years. Her career at WCH began in ICU. Terri became a Clinical Analyst in 1999 helping to implement the first computerized nursing documentation and order entry for WCH. She continues to work in this area in addition to filling in as a House Supervisor plus Quality Improvement and Ethics and Compliance.

Congratulations Terri!

Laura Reel, seated center, signs with Arkansas State University. Also pictured is her mother, Hazel, seated at left, her father, Rickey, seated at right, and coaches Shelly Jones and Shartese McHenry.



Six-foot two-inch Wagoner Senior basketball player Laura Reel, daughter of Hazel Reel, ARNP, who practices at Dr. Casey Hanna's Chouteau Clinic, signed to play at Arkansas State. In the 2009-2010 season, Laura averaged nine points and nine rebounds a game. "We are so excited and so very proud of her," Hazel said. "We think this is going to be a wonderful fit."

## Science Alliance Is Coming!

Vickie Johnson, Assistant Superintendent for Wagoner Public Schools in cooperation with Okay, Porter and Chouteau-Maize schools applied for a grant from the State Department of Education. The grant proposal is to create a Professional Development Center "Science Alliance" for the four school districts. This center would primarily be to provide education to teachers on how to apply real-life application of science and mathematics to their students. There was tough competition from large schools such as Jenks and Union in the finals. However, beating the odds was Vickie Johnson's proposal for Wagoner, Okay, Porter and Chouteau-Maize Public Schools. They WON the grant! Mrs. Johnson said, "I can't thank Wagoner Community Hospital enough. Your support as a community partner was invaluable to our being awarded the grant."

Wagoner Community Hospital will provide occasional training with particular attention to the processes, principles and concepts associated with math-

ematical problem solving, scientific inquiry and technological design.

As a leading community partner, Wagoner Community Hospital will provide guest speakers and educators for the Science Alliance. Departments contributing to the project will be nursing, radiology, laboratory, pharmacy and respiratory therapy. Examples include:

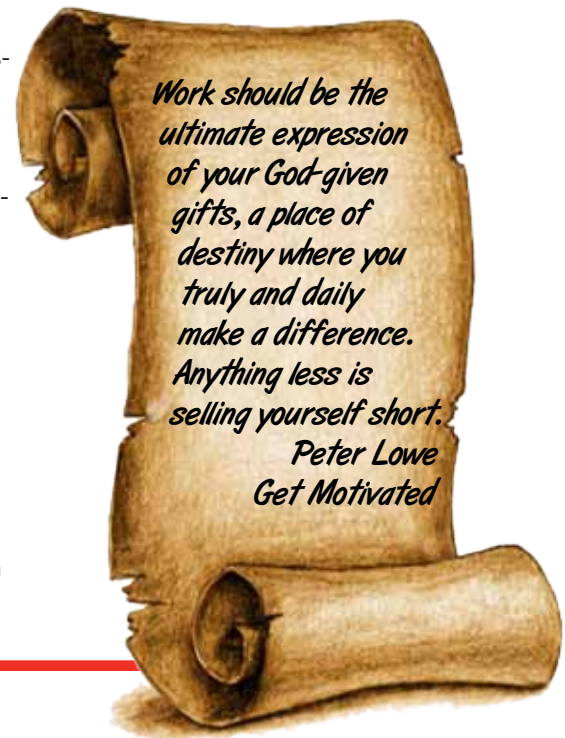
**Radiology** – One particular training session will include a question and answer format on osmolarity and viscosity of contrast media for science educators. Session will include techniques for computing amount of contrast needed to perform various radiology procedures. Other modalities will be covered in separate sessions.

**Nursing** – Several disciplines of science are used in nursing. Sessions will be developed in biology, physiology, chemistry, anatomy and pathology. Mathematic sessions will show application of mathematics skills in medication dosage calculation and formulating

intravenous medications.

The strategic planning will begin soon and select department managers will be asked to contribute sample sessions. This is just one example of WCH's value and contribution to Wagoner and our surrounding communities.

Johnna Sue Blair



## WCH New Hires

|                      |                          |                                       |                 |
|----------------------|--------------------------|---------------------------------------|-----------------|
| <b>October 2010</b>  | Moheb Hallaba, M.D. .... | E. R. Physician.....                  | E.R. HBP        |
|                      | Laura Griffin.....       | LPN.....                              | Mental Health   |
|                      | Carol Bentley.....       | Technician.....                       | ICU             |
|                      | Ray Shofner .....        | CRNA .....                            | Anesthesia      |
| <b>November 2010</b> | Erin Fausett .....       | Certified Surgical Technician .....   | Surgery         |
|                      | Matha Parnell .....      | Radiologic Technologist I.....        | Radiology       |
|                      | Robin Seifried.....      | Certified Respiratory Therapist.....  | Cardiopulmonary |
| <b>December 2010</b> | Megan Luellen .....      | Technician.....                       | Mental Health   |
|                      | Brent Sadler.....        | RN .....                              | Mental Health   |
|                      | Dana Pride.....          | Student Radiologic Technologist ..... | Radiology       |

## Employees of the Month

|                      |                     |                     |
|----------------------|---------------------|---------------------|
| <b>November 2010</b> | Rob West .....      | Plant Operations    |
| <b>December 2010</b> | Misty Crouch .....  | Pharmacy Technician |
| <b>January 2011</b>  | Rebecca Sharp ..... | Accounting          |

## We baby new moms.

### Announcing a new addition at Wagoner Community Hospital

Wagoner Community Hospital and SouthCrest Hospital in Tulsa have teamed up to open a new Prenatal Care Clinic beginning February 1, 2011. Expecting mothers now have the convenience of seeing a Family Practice/OB physician right in their own backyard. All pregnancy appointments will be offered on Tuesdays in Wagoner with the delivery of your baby at SouthCrest Hospital in Tulsa.

Dr. Nicoll is board certified in Family Medicine and residency trained at the University of Missouri at Kansas City, Missouri, with an emphasis on advanced obstetrics, including caesarean sections.

Call our office today to schedule your appointment.  
We accept most insurance plans including Medicaid.

1202 W. Cherokee Street · Suite B · Wagoner, OK 74467

918.294.8844



SouthCrest Medical Group



Dan Nicoll, D.O.  
Family Medicine/OB

Member of the Medical Staff at SouthCrest Hospital

### Can WCH Speak To Your Club or Church?

If you are a member of a club or church group that would enjoy a speaker on health concerns or services available at the hospital contact Johnna Blair. She will take your information and find a speaker that will meet your needs.

### Pulse Beat

Keep Pulse up to date on the latest events. Let us hear from you! If you have any articles you would like to submit to be included in WCH Pulse please send an email to [jbblair@wagonerhospital.com](mailto:jbblair@wagonerhospital.com)

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**Chief of Staff:** John Perry, M.D.

**Authority Chairman:** Jamie Cannon



Jimmy Leopard, CEO addresses concerns from attendees about the outcome of the recent sales tax election. Mr. Leopard pointed out that many small community hospitals in Oklahoma are dependent upon some form of subsidy from their city or county.